

Supporting your child with homework

Homework can be a challenging experience for many children, but for autistic children, these struggles can be amplified due to difficulties with executive functioning, sensory sensitivities and differences in processing information. Below are some key links providing advice for parents/carers on how to support your child with homework

National Autistic Society: Homework – a guide for parents and carers

<https://www.autism.org.uk/advice-and-guidance/education/homework/parents>

Autism360: How to Help Autistic Children Overcome Homework Struggles

<https://www.autism360.com/how-to-help-autistic-children-overcome-homework-struggles/>



Managing Transitions in Education

Many autistic children and young people can find the transition to a new school, college or university challenging. Below is a list of key websites which provide advice and guidance for how you can prepare your child for any changes and what you can do to support them.

Autism Education Trust (AET) Secondary School Transition Advice for Parents:

A guide for parents, helping you understand how autism may impact on your child or young person making transitions in school

<https://www.nen.org.uk/sites/default/files/2024-09/school-transitions-parent-guide-part-1.pdf>

Solihull Specialist Inclusion Support Service (SISS) School Transitions Parent Pack

Guide from the Solihull Specialist Inclusion Service (SISS) outlining key advice for collaborative working between school and parents

https://www.solihull.gov.uk/sites/default/files/2022-01/SISS%20Autism%20Team%20Secondary%20Toolkit_0.pdf

Autism Central: School Transition Guide

Provides advice on successful ways to manage key transitions including starting school, moving to secondary school or leaving education

<https://www.autismcentral.org.uk/guidance/transitions>

National Autistic Society (NAS): Transition planning for Secondary School

Advice and guidance for supporting secondary school transition planning :

<https://www.autism.org.uk/advice-and-guidance/topics/transitions/england/starting-or-switching-school>

Autism Central: Guidance for transition to University or College

<https://www.autismcentral.org.uk/guidance/transition-college-or-university>

Transition from school to further/higher education, training or employment

Next Step Transitions is a not-for-profit organisation supporting young autistic people aged 14-19 as they move from school to further/higher education, training or employment.

<https://nextsteptransitions.org.uk/services-support/>