

1.ACTIVITIES OF DAILY LIVING

Toileting

Autistic young people can sometimes have difficulties with toileting. There may be a range of reasons for this, such as lacking awareness of the sensation of needing the toilet or being engrossed in an activity where needing the toilet is forgotten about. To support a young person with toileting, the following websites have lots of information and strategies:

National Autistic Society: www.autism.org.uk/advice-and-guidance/topics/behaviour/toileting/parents

Children's Bowel & Bladder Charity (ERIC) National charity dedicated to the bowel and bladder health of children and teenagers.

Website: <https://eric.org.uk/> For ages 0-18.

Bladder & Bowel UK offers advice and information on all bladder and bowel issues in children and young people including those with additional needs. We have a range of resources that will help parents, carers, professionals and schools cope with incontinence in children and young people. Available at: <https://www.bbuk.org.uk/>

Continence Advisory Service Solihull

For children aged 4 and over who need access to larger size nappies, parents can request a referral to the continence service through their GP or school/ community Nurse. They provide some continence produces for children e.g. up to 4 nappies or pull-ups a day. For further information, the contact number is 0121 704 2381

