

Supportive Steps:

Play



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Motivating

Make sure your child has access to activities *they* find fun. This could be messy play, cause and effect toys, dolls or dinosaurs.



Model

When giving your child a new toy, show them how to play with it so that they can copy what to do. If you don't show them, they might not know!

Opportunities

Set aside some time where you are going to play with your child. Offer them choices of toys / games and use this time to demonstrate play skills such as turn taking or imaginative play.

Follow their lead

Join in with games your child is already playing, rather than telling them what you're going to do. Add to what they're doing and offer help.

Find out more
here:



Turn taking

Take turns during motivating games where possible – this will help your child to take turns and play with others.



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Be positive

Build confidence by giving praise and encouragement throughout games!



Use your imagination!

Let your child be silly with everyday objects and introduce silly ideas like “I think the dinosaur is hiding under the rug!”. Introduce things like spoons, brushes or sponges so you can include things like “eating”, “brushing” or “washing”.

Comment

Show your child that you are interested in what they are doing by narrating what is happening. For example, “oooh dolly is sipping her tea *slurp*” or “you made the car go brm brmmmm!”.

Question

Expand the game you’re playing with your child by asking “what happens next?”. If your child finds this challenging, you can offer options such as “did the horse run fast or slow?”.



Be silly!

Children love to laugh with us! Make play entertaining by making silly scenarios!



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