

Self Advocacy

Young people with disabilities can access support to develop their self-advocacy skills and receive support to ensure that their voice is heard and their rights, concerns and needs are acted on.

Neurodiverse Self Advocacy Network:

A not-for-profit organisation run by autistic volunteers. They offer an online forum and community of neurodivergent people who support, problem-solve, and advocate for themselves as a group. Further information can be found here: www.ndsa.uk/content

For **Solihull** residents aged 14-24 years with learning disabilities and/or Autism
www.solihulladvocacy.org.uk

For **Birmingham** residents-
www.advocacymatters.co.uk

