



***Signs & indicators of possible Pathological Demand Avoidance (PDA)***

**Information from professionals supporting the Child/Young Person**

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| Child / Young person’s name: |  | D.o.B |  |
| Address: |  | Form completed by: |  |
| Service you work for and address: |  | Role: |  |
| Contact telephone number: |  | Date  completed: | |

This questionnaire is part of the formal information-gathering which contributes to consideration of a child or young person’s profile relating to the Autism Spectrum, specifically the atypical subtype profile of PDA/EDA.

The first page gives us a **general overview** of the child/young person. It is a ‘Pen Picture’. You will then have further opportunity to give us more detailed information on the pages which follow.

There will be some questions which are not relevant to you, and some issues which the child/young person does not experience. Please mark these as **N/A (Not applicable**).

* **Please do not leave any section completely blank**
* **Please also attach any copies of additional documentation in relation to the support that you have offered to the child/young person during the period of time that you have been involved with them**

***As professionals working with the child/young person, you are the colleagues who are best-placed to help us understand the challenges the child/young person faces, and where their strengths lie.***

***The information you provide is very important***

***and will be used to contribute to a decision about whether or not the child receives a formal diagnosis of PDA/EDA***

If you have any difficulties completing this form please contact:

**The Specialist Assessment Service on 0121 722 8010**

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| **Please give us some general information about the child/young person** |

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| How long have you been working with the child? |
| Please outline your main concerns about the child/young person at this current time. |
| What support strategies have you put in place. Of those strategies what has worked and what has not worked? |
| What do you think are the child/young person’s particular **strengths**? |
| What does the child/young person enjoy doing? What makes the child/young person happy? |
| What makes the child/young person sad, worried, angry or frightened? |
| How does the child/young person get on with you? With other staff from your team that work with them? If other staff provide support please include them in completing this form and indicate what parts they have completed on the form. |
| How does the child/young person get on with other people in the home (from what you have seen and been told)? |

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| **Please give us some more detailed information about the child/young person’s**  ***Avoidance of Demands***  *Giving us as much information as possible helps us understand the child/young person’s difficulties and strengths.*  *Giving real life examples.* |

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|  | **What ‘demands’ does the child/young person avoid?** |
| **Please give examples:** | |

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|  | **What strategies does the child/young person use to avoid these demands?**   * Distracting adult: ‘Look out of the window!’, ‘I’ve got you a flower!’, ‘I love your necklace!’, ‘I’m going to be sick’, Swearing. * Acknowledging demand but excusing self: ‘I’m sorry, but I can’t’, ‘I’m afraid I’ve got to do this first’, ‘I’d rather do this’, ‘I don’t have to, you can’t make me’, ‘you do it, and I’ll .......’, ‘Mummy wouldn’t like me to’. * Physically incapacitating self: hides under table, curls up in corner, goes limp, dissolves in tears, drops everything, seems unable to look in direction of task (though retains eye contact), removes clothes or glasses, ‘I’m too hot’, ‘I’m too tired’, ‘It’s too late now’, ‘I’m handicapped’, ‘I’m going blind/deaf/spastic’, ‘my hands have gone flat’. * Withdrawing into fantasy, doll play, animal play: talks only to doll or to inanimate objects; appeals to doll, ‘My girls won’t let me do that’, ‘My teddy doesn’t like this game’; ‘But I’m a tractor, tractors don’t have hands’; growls, bites. * Reducing meaningful conversation: bombards adult with speech (or other noises, e.g. humming) to drown out demands; mimics purposefully; refuses to speak. * (As last resort) Outbursts, screaming, hitting, kicking; best construed as panic attack * Other | |
| **Please give examples:** | | |
| **Please give us some more detailed information about the child/young person’s**  ***Sociability*** | |

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|  | **Please describe the child/young person’s ability to empathise with others, consider the thoughts and feelings of others and act on these insights** |
| **Please give examples:** | |

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| **Please give us some more detailed information about the child/young person’s**  ***Sense of social identity, pride or shame*** |

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|  | **Describe the positive interactions and relationships that this child/young person has?**  *Do they get on better with peers/adults, Do they admire anyone, Do they identify with their peers/adults?* |
| **Please give examples:** | |

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|  | **Does this person shock/upset other people? If so how do they do this?** |
| **Please give examples:** | |

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|  | **Does the child/young person demonstrate socially unacceptable behaviour not already discussed? If so what behaviours are these?** |
| **Please give examples:** | |

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|  | **Does the child/young person ever take responsibility for their behaviour? If so, when and how do they do this?** |
| **Please give examples:** | |

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|  | **Does the child/young person display any uninhibited behaviours***, e.g. unprovoked aggression, extreme giggling/inappropriate laughter or kicking/screaming in shop or classroom* |
| **Please give examples:** | |

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| **Please give us some more detailed information about the child/young person’s**  ***Emotions*** |

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| **9.** | **Please describe the child/young person’s general mood** |
| **Please give examples:** | |

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| **10.** | **Does the child/young person ever have any difficulties associated with change in mood?**  *What precedes AND follows these changes in mood*  *How is their mood expressed? E.g. explosive, switching off, running away, hurting self/others.* |
| **Please give examples:** | |

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| **Please give us some more detailed information about the child/young person’s**  ***Need for Control*** |

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| **11.** | **How does the child/young person respond to a request/instructions from another person?**  *Do they feel the need to exert control and therefore refuse to follow instructions unless it is on their terms?*  *Do they* change their mind in an instant if suspects someone else is exerting control?  *Do they* apologise but ‘ re-offend’ at once, or totally deny the obvious? |
| **Please give examples:** | |

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| **Please give us some more detailed information about the child/young person’s**  ***Role Play and use of Imagination; Flexibility of thought*** |

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| **12.** | **Does the child/young person confuse reality with imagined events?** |
| **Please give examples:** | |

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| **13.** | **Does the child/young person act out roles of people they know?** |
| **Please give examples:** | |

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| **14.** | **Does the child/young person take charge of appointments by acting out different roles; pretending to be someone else or needing to communicate through a puppet or another ‘character’?** |
| **Please give examples:** | |

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| **15.** | **Does the child/young person cope well with shared pretending?** |
| **Please give examples:** | |

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| **16.** | **Does the child/young person have any obsessions? If so what are they?** |
| **Please give examples:** | |

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| **Please give us some more detailed information about the child/young person’s …**  ***Speech, Language and Communication*** |

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| **17.** | **Describe the child/young person’s speech and language skills and use of non-verbal communication**  *Eye contact; facial expressions; gestures; use of timing in conversation, use of language; repetitive speech, mimicry* |
| **Please give examples:** | |

| **Please give us some more detailed information about …**  ***Motor Skills*** |
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| **18. Describe any difficulties with movement or completion of tasks that require the use of gross/fine motor skills** |
| **Please give examples:** |

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| 19. Do you have any particular theories or ideas about the child/young person’s difficulties? ASD & Anxiety; ASD and recommended strategies not being implemented; PDA/EDA; Reactive attachment difficulties; Complex Social, Emotional and Behavioural Difficulties; ODD. |
| Please give examples: |

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| **20. Please provide information about child’s physical and mental health; family background factors; changes since child was last assessed by the Specialist Assessment Service.** |
| Please give examples: |

| **Are there any other comments you would like to add which have not already been covered?** |
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**Thank You!**

Please return to the Administration Team, The Specialist Assessment Service, Chelmsley Wood Primary Care Centre, Crabtree Drive, Birmingham, B37 5BU

Tel 0121 7228010 Fax 0121 424 5916