



<https://www.arfidawarenessuk.org/what-is-arfid>

Information and support relating to ARFID.
Includes stories from others affected by ARFID

<https://www.beateatingdisorders.org.uk/get-information-and-support/about-eating-disorders/types/arfid/>

Onward referral

If you would like to contact Private Psychologist Service, a list of practitioners in the area can be found at: